



PREVENTION FIRST is a proactive, comprehensive stance to showcase the importance of substance use prevention throughout West Virginia. This approach provides a clear, consistent, strong message to community members, lawmakers, and other key stakeholders that “prevention” is an integral part of the continuum of care and that prevention is a critical component of any thriving community.

Contact a Prevention Lead Organization to engage with prevention efforts in your region!

Prevention Lead Organizations

REGION 1:

Hancock, Brooke, Ohio, Marshall, Wetzel
Lori Bumba
Youth Services System, Inc.
(304) 233-2045
lori.impactov@gmail.com

REGION 2:

*Pendleton, Grant, Hardy, Mineral,
Hampshire, Morgan, Jefferson, Berkeley*
Paige Mathias
Potomac Highlands Guild
304-257-1155
paigem@potomachighlandsguild.com

REGION 3:

*Tyler, Pleasants, Wood, Ritchie, Jackson,
Wirt, Roane, Calhoun*
Shelly Mize
Westbrook Health Services
304-927-5200 ext 410
smize@westbrookhealth.com

REGION 4:

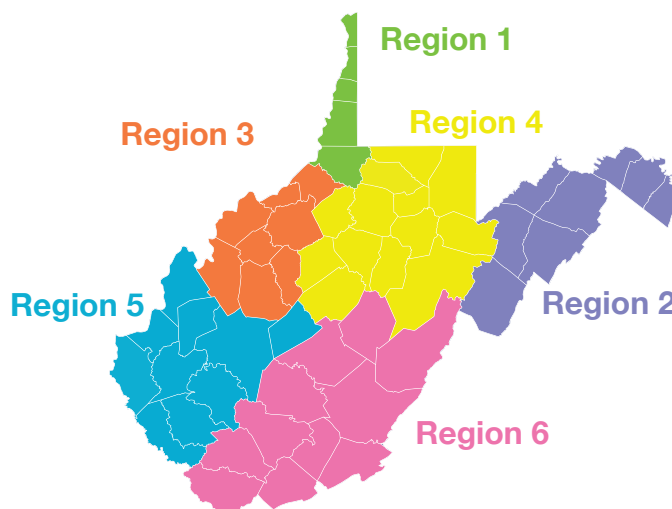
*Monongalia, Preston, Marion, Doddridge,
Harrison, Taylor, Barbour, Tucker, Gilmer,
Lewis, Upshur, Randolph, Braxton*
Elizabeth Shahan
West Virginia Prevention Solutions
304-423-5049
WVPSDirector@gmail.com

REGION 5:

*Mason, Putnam, Kanawha, Clay, Cabell,
Wayne, Mingo, Logan, Lincoln, Boone*
Kim Shoemake
Prestera Center
304-412-7036
Kimberly.Shoemake@prestera.org

REGION 6:

*Webster, Pocahontas, Nicholas, Fayette,
Greenbrier, Raleigh, Summers, Monroe,
Wyoming, Mercer, McDowell*
Greg Puckett
Community Connections
304-913-4956
drugfree@strongcommunities.org



West Virginia RESOURCES

Two websites have been developed to promote the resources, services, events and trainings in our state related to substance use prevention:



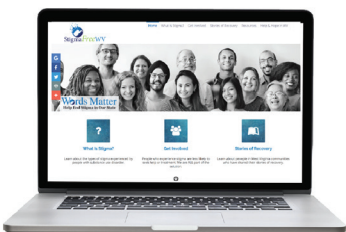
HelpandHopeWV.org



Help & Hope WV connects people to information, tools, directory of services, calendar of trainings, and events across the state.



StigmaFreeWV.org



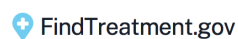
StigmaFree WV provides information about the types of stigma experienced by individuals with substance use disorder, stories of recovery, and how people can get involved.

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GET HELP



For 24/7 Help With a Substance Use or Mental Health Issue
1-844-435-7498; www.help4wv.com



Substance Use and Mental Health Treatment Locator
<https://findtreatment.gov>
1-800-662-HELP (4357); 1-800-487-4899 (TTY)



Alcohol Treatment Navigator
<https://alcoholtreatment.niaaa.nih.gov/>



Find a Narcotics Anonymous Meeting Near You
<https://www.na.org/meetingssearch/>



Find an Alcoholics Anonymous Meeting Near You
<http://www.aa.org/>



West Virginia Poison Control
<http://wvpoisoncenter.org>



National Suicide Prevention Lifeline
1-800-273-8255



Prevent Suicide WV
<https://preventsuicidewv.com/help/?cat=help>



For 24/7 Help With a Gambling Problem
<https://www.1800gambler.net/>



Find Your Local Health Department
<http://dhhr.wv.gov/localhealth/Pages/Map.aspx>



Help304 West Virginia's Emotional Strengthline
HELP304 provides social, emotional, and supportive counseling via call, text, and chat. <http://help304.com/>